

Please join the Aging Well team of Western Springs/Indian Head Park

## Senior Safety Expo

<u>Date:</u> Thursday, June 12, 2008
<u>Time:</u> 10am – 2pm
<u>Location:</u> Lyons Township South
High School

4900 S. Willow Springs Road in Western Springs. Enter by pool.

Hear from your local town officials and other area professionals about the latest personal, home and travel safety information to benefit people as they age in our community.

This event is FREE of charge.



## Event Highlights:



- ► Local Programs from your Police & Fire Departments
- ► Have local officials answer all of your safety questions
- ► How to protect yourself from Scams
- ► New Safety Technology for the Home
- ► Travel Safety
- ► Emergency Preparedness (Pandemics)
- ► Learn about Safe Exercises for seniors
- ► Get some Medication Safety tips
- ► How to protect yourself from Identity Theft
- ► Fall Prevention and Home Modifications
- ► Learn how to Fire Proof your home at no cost

FREE Lunch Buffet at 11:30am & FREE giveaways for everyone!

\*\*Transportation options to and from event please call (708)354-1323 X19 or for more information